

Time	Swim Team	Swim Lessons	Arts & Crafts	Athletics	Tennis	Sailing
9:00	X	X	X	X	X	Ages 10-12: Sunfish Beginners
9:30	6 & Under	Conflict & Level 1	4-6		7-9	Ages 10-12: Sunfish Beginners
10:00	9-10	Level 3	4-6	7-9		Ages 13 & Up: Sunfish Advanced
10:30	9-10	Level 2	Parent & Guppies	7-9	7-9	Ages 13 & Up: Sunfish Advanced (cont.)
11:00	11-12	Guppies (Beg) & (Adv)	Conflict Time	4-6		Age 7: Opti Beginner/Sailing Basics
11:30	11-12	Level 1 & Guppies (Adv.)	7-9	4-6	10-12	Age 7: Opti Beginner/Sailing Basics (cont.)
12:00	Stroke Clinic	Level 1(older) & Level 4	7-9	10-12	10-12	Adult Class
12:30	13 & Up	Level 5 & Conflict	7-9	10-12	13 & Over	Adult Class (cont.)
1:00	13 & Up	Level 6/7 & Conflict	10-12		4-6	Ages 8 & 9: Opti Advanced
1:30	7-8	Conflict & ESY Swim	10-12	13 & Over	7-9	Ages 8 & 9: Opti Advanced (cont.)
2:00	X	X	ESY	X	X	X

Swim Team: Night Practice

5:30pm - 7:00pm Practice/Stroke Clinic
5:30pm-6:00pm 6 and under ONLY